

# HEIGHTS MANOR NEWSLETTER JULY 2020

325 North Shady Lane · East Liverpool, OH 43920

[www.heightsmanorapartments.com](http://www.heightsmanorapartments.com)

## Office Hours

Monday-Friday  
10am-4pm

Closed Saturday & Sunday

Our office will be closed Friday, July 3, 2020 in observance of the 4<sup>th</sup> of July holiday. We will reopen at the normal time on Monday, July 6, 2020.

## Telephone

330-385-4047

## Email

[heightsmanor@yahoo.com](mailto:heightsmanor@yahoo.com)

## Maintenance

NON-EMERGENCY  
330-385-4047

EMERGENCY  
330-853-8626

## Heights Manor Team

Property Manager  
Kathy Buzzard

Office Assisant  
Paula Criss

Maintenance Manager  
Mark Stewart

### Maintenance Team

Randy Simmons  
Tammie Hill  
Charles Keyes



Chester West Virginia will be showing fireworks on July 4, 2020!



## REMINDER

Rent is always due on the first day of each month. On the 6<sup>th</sup> late fees are charged to your account.



## RESIDENTS RECEIVING UTILITY CHECKS



For any resident receiving a utility check from us, we ask that you cash the check within 30 days. If you do not receive your reimbursement check by the 20<sup>th</sup> of the month, please call the office and let us know.

## TIPS TO STAY COOL DURING COVID-19

1. Wear loose-fitting clothing in light colors and preferably cotton
2. Fans can help circulate air to feel cooler
3. Cold or tepid showers can also cool you off
4. Avoid going outside when temperatures are at their highest - cooler times are the early morning or late evening
5. Stay hydrated with lots of water
6. If it's cooler outside, relax somewhere in the shade and don't forget your sunscreen

REMEMBER TO PRACTICE SAFE PHYSICAL DISTANCING AND WASH YOUR HANDS

# PAIN T RECIPE FOR KIDS | HOMEMADE FINGER PAINT

## Supplies for Homemade Finger Paint

- *The basic ratio is 1 flour: 2 water, so scale up or down according to how much paint you'd like to make. We used washable, non-toxic liquid watercolors to add color to the paint, but you could also use food color* 1/2 cup flour
- 1 cup water
- pinch of salt (optional)
- extra water
- **Food coloring** or **liquid watercolors** (these link to two of our favorite supplies)



## Directions

1. Pour flour and water into a pot.
2. Stir the ingredients over medium heat until it comes together like smooth, thick paste. The mixture will be lumpy along the way, but it all comes together.
3. When it starts to pull away from the pot, remove from the heat.
4. Add a pinch of salt. This helps keep the paint from spoiling if you don't use it right away.
5. To reach the desired consistency, slowly add cold water to the mixture. *I added about 1/4 cup water to our paint.*
6. Divide the paint into bowls.
7. Squeeze food coloring or liquid watercolors into the flour mixture until you reach the desired color.
8. Store in a covered container in the fridge if you're not planning to use this right away. It will keep indefinitely.

## The Pros and Cons of Homemade Finger Paint

One final word on the quality of this paint. The benefits of this homemade finger paint are plentiful. It's:

- Made from familiar ingredients
- Non-toxic
- Economical
- Safe to eat

The cons are less troublesome, but worth mentioning nonetheless:

- The paint is perfect for finger painting, but less than ideal for using a paintbrush. My kids didn't seem to mind, but it's something to consider if you're looking for a traditional paint recipe.

